

Tara Foy, Biography 2022

Tara Foy received her training at The Royal Ballet School, Bolshoi Ballet Academy, Kirov Academy and North London Academy of Education and Arts. After an extensive career performing as a professional ballerina across Europe, Asia and the Americas. Ms. Foy has become a prominent choreographer, director and a world-renowned ballet mistress coaching principal dancers from prestigious ballet companies such as The Royal Ballet Company, The Birmingham Royal Ballet, New York City Ballet, American Ballet Theater, The National Ballet de Cuba, Houston Ballet, Miami City Ballet, San Francisco Ballet, Boston Ballet and The National Ballet of Canada.

Cirque Du Soleil, Las Vegas appointed Ms. Foy as resident ballet mistress for *Mystere*, *Love*, *Ka*, *Believe*, *Viva Elvis* and *Zumanity* over a 25-year span training the artist's in classical ballet and Pilates and Gyrokinesis. She was assistant choreographer working with Debbie Brown on the original dance segments in *Mystere*. Other major production shows that Ms. Foy has held the position of resident ballet mistress are: Twyla Tharp's "*Sinatra Dances with Me*", Celine Dion's *New Day*, *Phantom of the Opera Las Vegas Spectacular*, *Notre Dame de Paris*, *Havana Nights*, *Enter the Night* and *Siegfried and Roy* where she was also choreographer of multiple segments for both shows.

Ms. Foy has had the greatest pleasure to be personally coached by legends such as Sir Fredrick Ashton in "*Birthday Offerings*", Sir Anton Dolin in "*Pas de Quatre*", Dame Ninette de Valois in "*Rake's Progress*", Dame Alicia Markova in "*Les Sylphides*", Jerome Robbins in "*Dancers*", Lou Conte "*New Country*", Gus Giordano "*Gang Hep*" and has had the pleasure of working directly with entertainment icons Michael Jackson and David Bowie.

Ms. Foy is a dance medicine specialist and a certified master Pilates teacher in the Polestar method and a licensed Gyrokinesis trainer and Floor Barre teacher. She has rehabbed and coached world champion athletes and performers including Tiger Woods, Jason Giambi, Shane Victorino, Chita Rivera, Tommy Tune, Donnie Osmond and the late great legend Gillian Lynn.

Ms. Foy has been a guest artist coach and choreographer spanning over three decades with Nevada Ballet Theatre and in 2015 was appointed ballet mistress under artistic director James Canfield. In 2016 she was commissioned to co- choreograph with Mr. Canfield two world premiere ballets for NBT *Cinderella* and *Sleeping Beauty* to sold out performances at The Smith Center which gained critically acclaimed reviews.

In 2017 Ms. Foy received the greatest honor of assisting legendary premier ballerina Ms. Cynthia Gregory on her two act ballet of *Swan Lake* and last year was given the prestigious role to re-stage Balanchine's *Slaughter on Tenth Avenue*.

In addition Ms. Foy has staged *Romeo and Juliet*, *Dracula*, *Beauty and the Beast*, *Peter Pan*, *Don Quixote*, *Flower Festival*, *Les Sylphides* and *La Fille Mal Garde pas de deux's* .

Ms. Foy is currently the repetiteur and associate choreographer for Nevada Ballet Theatre's annual production of *The Nutcracker* choreographed by James Canfield, which is in its eighth sold out season. As a prestigious master class teacher and coach Ms. Foy has taught classes and judged on many established conventions and competitions throughout the US and Europe and continues to teach nationally and internationally through the year.

For 20 years Ms. Foy has hosted Tara Foy's Elite Ballet Summer Intensive attracting young promising ballet dancers from around the world.